

**Recipe: 27567 - FG 8523 Donut Recipe 228 Caramel Iced Custard Bismark Mel O
Cr me West**

**Recipe Owing Business Unit: 20000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (106g)		
Servings Per Container	About 400		
Amount Per Serving			
Calories	360	Calories from Fat	140
% Daily Value *			
Total Fat	15g		24%
Saturated Fat	7g		36%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	330mg		14%
Total Carbohydrate	50g		17%
Dietary Fiber	0g		0%
Sugars	25g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Svegetable Oil (Palm, Soybean, And Cottonseed), Yeast, High Fructose Corn Syrup, Salt, Corn Syrup, Whey, Food Starch Modified, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Partially Hydrogenated Vegetable Oil (Soybean And Or Cottonseed Oil), Yellow Corn Flour, Sorbic Acid And Sodium Benzoate (As Preservatives), Titanium Dioxide (As Color), Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Mono And Diglycerides With Bht As Preservative, Phosphoric Acid, Agar, Propylene Glycol, Glycerine, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Annatto And Turmeric Extract Color, Fd&C Yellow 5 And 6. Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40. Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: None

**Recipe: 27574 - SC 8523 Donut Recipe 229 Caramel Iced Custard Bismark
w/Sprinkle Mel O Cr me West**

Recipe Owing Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (113g)		
Servings Per Container	About 400		
Amount Per Serving			
Calories	390	Calories from Fat	150
% Daily Value *			
Total Fat	17g		26%
Saturated Fat	8g		42%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	330mg		14%
Total Carbohydrate	55g		18%
Dietary Fiber	0g		0%
Sugars	28g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Svegetable Oil (Palm, Soybean, And Cottonseed), Yeast, High Fructose Corn Syrup, Salt, Corn Syrup, Whey, Food Starch Modified, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Partially Hydrogenated Vegetable Oil (Soybean And Or Cottonseed Oil), Yellow Corn Flour, Sorbic Acid And Sodium Benzoate (As Preservatives), Titanium Dioxide (As Color), Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Mono And Diglycerides With Bht As Preservative, Phosphoric Acid, Agar, Propylene Glycol, Glycerine, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Annatto And Turmeric Extract Color, Fd&C Yellow 5 And 6. Icing (Sugar, Vegetable Shortening [Palm Oil], Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey [Milk], Caramel Color [Sulfites], Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate [Preservative], Citric Acid, Red 40), Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)
Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27576 - FG 8523 Donut Recipe 230 Caramel Iced Custard Bismark
W/Nuts Mel O Cr me West**

**Recipe Owning Business Unit: 200000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owning Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (113g)		
Servings Per Container	About 400		
Amount Per Serving			
Calories	400	Calories from Fat	170
% Daily Value *			
Total Fat	19g		29%
Saturated Fat	8g		39%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	330mg		14%
Total Carbohydrate	51g		17%
Dietary Fiber	<1g		2%
Sugars	25g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, High Fructose Corn Syrup, Salt, Corn Syrup, Whey, Food Starch Modified, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Partially Hydrogenated Vegetable Oil (Soybean And Or Cottonseed Oil), Yellow Corn Flour, Sorbic Acid And Sodium Benzoate (As Preservatives), Titanium Dioxide (As Color), Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Mono And Diglycerides With Bht As Preservative, Phosphoric Acid, Agar, Propylene Glycol, Glycerine, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Annatto And Turmeric Extract Color, Fd&C Yellow 5 And 6. Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40. Dry Roasted Peanuts
Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: None