

**Recipe: 27280 - FG 8523 Donut Recipe 149 Choc Iced Custard Bismark Mel O
Cr me West**

**Recipe Owing Business Unit: 200000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (106g)		
Servings Per Container	About 400		
Amount Per Serving			
Calories	340	Calories from Fat	120
% Daily Value *			
Total Fat	13g		21%
Saturated Fat	6g		28%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	320mg		13%
Total Carbohydrate	51g		17%
Dietary Fiber	0g		0%
Sugars	26g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Svegetable Oil (Palm, Soybean, And Cottonseed), Yeast, High Fructose Corn Syrup, Salt, Corn Syrup, Whey, Food Starch Modified, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Partially Hydrogenated Vegetable Oil (Soybean And Or Cottonseed Oil), Yellow Corn Flour, Sorbic Acid And Sodium Benzoate (As Preservatives), Titanium Dioxide (As Color), Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Mono And Diglycerides With Bht As Preservative, Phosphoric Acid, Agar, Propylene Glycol, Glycerine, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Annatto And Turmeric Extract Color, Fd&C Yellow 5 And 6. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin.
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: None

**Recipe: 27417 - SC 8523 Donut Recipe 191 Choc Iced Custard Bismark
W/Sprinkle Mel O Cr me West**

Recipe Owing Business Unit: 50000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (113g)		
Servings Per Container	About 400		
Amount Per Serving			
Calories	380	Calories from Fat	130
% Daily Value *			
Total Fat	15g		23%
Saturated Fat	7g		34%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	320mg		13%
Total Carbohydrate	57g		19%
Dietary Fiber	0g		0%
Sugars	28g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	2%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Svegetable Oil (Palm, Soybean, And Cottonseed), Yeast, High Fructose Corn Syrup, Salt, Corn Syrup, Whey, Food Starch Modified, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Partially Hydrogenated Vegetable Oil (Soybean And Or Cottonseed Oil), Yellow Corn Flour, Sorbic Acid And Sodium Benzoate (As Preservatives), Titanium Dioxide (As Color), Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Mono And Diglycerides With Bht As Preservative, Phosphoric Acid, Agar, Propylene Glycol, Glycerine, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Annatto And Turmeric Extract Color, Fd&C Yellow 5 And 6. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin. Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)

Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27271 - FG 8523 Donut Recipe 145 Choc Iced Lemon Bismark Mel O
Creme West**

**Recipe Owing Business Unit: 20000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (106g)		
Servings Per Container	About 400		
Amount Per Serving			
Calories	330	Calories from Fat	120
% Daily Value *			
Total Fat	13g		21%
Saturated Fat	6g		28%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	320mg		13%
Total Carbohydrate	47g		16%
Dietary Fiber	0g		0%
Sugars	23g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, Whey, High Fructose Corn Syrup, Defatted Soy Flour, Food Starch Modified, Corn Syrup, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Propylene Glycol, Nonfat Milk, Lemon Pulp, Yellow Corn Flour, Lemon Juice, Propylene Glycol Alginate, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Sodium Benzoate And Potassium Sorbate (As Preservatives), Locust Bean Gum, Citric Acid, Bht And Citric Acid To Help Preserve Flavor Natural And Artificial Flavor, Lemon Oil, Plysorbate 60, Annatto And Turmeric Extract Color, Fd&C Yellow 5. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin.
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: None

**Recipe: 27601 - OM 8523 Donut Recipe 238 Choc Iced Lemon Bismark
W/Sprinkle Mel O Cr me West**

Recipe Owing Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (113g)		
Servings Per Container	About 400		
Amount Per Serving			
Calories	330	Calories from Fat	120
% Daily Value *			
Total Fat	13g		21%
Saturated Fat	6g		28%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	320mg		13%
Total Carbohydrate	47g		16%
Dietary Fiber	0g		0%
Sugars	23g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, Whey, High Fructose Corn Syrup, Defatted Soy Flour, Food Starch Modified, Corn Syrup, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Propylene Glycol, Nonfat Milk, Lemon Pulp, Yellow Corn Flour, Lemon Juice, Propylene Glycol Alginate, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Sodium Benzoate And Potassium Sorbate (As Preservatives), Locust Bean Gum, Citric Acid, Bht And Citric Acid To Help Preserve Flavor Natural And Artificial Flavor, Lemon Oil, Plysorbate 60, Annatto And Turmeric Extract Color, Fd&C Yellow 5. , Chocolate Icing (Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa [Processed With Alkali], Cocoa, Contains 2% Or Less Of Each Of The Following: Vegetable Shortening [Palm Oil, Fully Hydrogenated Cottonseed Oil], Mono- And Diglycerides, Salt, Potassium Sorbate [Preservative], Citric Acid, Soy Lecithin)
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27602 - FG 8523 Donut Recipe 239 Choc Iced Lemon Bismark W/Nuts
Mel O Cr me West**

**Recipe Owing Business Unit: 200000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts	
Serving Size	1 Donut (113g)
Servings Per Container	About 400
Amount Per Serving	
Calories	370
Calories from Fat	150
% Daily Value *	
Total Fat	17g 26%
Saturated Fat	6g 31%
Trans Fat	0g
Cholesterol	0mg 0%
Sodium	320mg 13%
Total Carbohydrate	49g 16%
Dietary Fiber	1g 4%
Sugars	23g
Protein	6g
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	4%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less Than 65g 80g
Sat Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fibre	25g 30g

Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, Whey, High Fructose Corn Syrup, Defatted Soy Flour, Food Starch Modified, Corn Syrup, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Propylene Glycol, Nonfat Milk, Lemon Pulp, Yellow Corn Flour, Lemon Juice, Propylene Glycol Alginate, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Sodium Benzoate And Potassium Sorbate (As Preservatives), Locust Bean Gum, Citric Acid, Bht And Citric Acid To Help Preserve Flavor Natural And Artificial Flavor, Lemon Oil, Plysorbate 60, Annatto And Turmeric Extract Color, Fd&C Yellow 5. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin. Dry Roasted Peanuts
Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: None

**Recipe: 29592 - GR 8523 Donut Recipe 141 Chocolate Iced Raspberry Bismark
Mel O Cr me**

Recipe Owing Business Unit: 100000 - East - Grand Rapids

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (106g)		
Servings Per Container	20		
Amount Per Serving			
Calories	340	Calories from Fat	120
% Daily Value *			
Total Fat	13g		20%
Saturated Fat	5g		26%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	300mg		13%
Total Carbohydrate	52g		17%
Dietary Fiber	1g		5%
Sugars	29g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	10%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Raspberry Filled Shell (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, High Fructose Corn Syrup, Whey, Corn Syrup, Defatted Soy Flour, Food Starch Modified, Red Raspberries, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Citric Acid, Sodium Benzoate, And Potassium Sorbate [As Preservatives], Datem, Egg Yolk With Sodium Silicoaluminate, Sodium Citrate, Malic Acid, Natural Flavor, BHT, Citric Acid [Preservative], Artificial Flavor, Guar Gum, Locust Bean Gum, Propylene Glycol, Annatto And Turmeric Extract Color, Fd&C Red 40 And Blue 1, Sodium Sulfate), Chocolate Fondant Icing (Sugar, Corn Syrup, Water, Soybean Oil, Cocoa Processed With Alkali, Palm Oil, Contains 2% Or Less Of: Natural And Artificial Flavor, Palm Kernel Oil, Preservative [Sorbic Acid], Salt, Soy Lecithin, Unsweetened Chocolate)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27590 - SC 8523 Donut Recipe 234 Choc Iced Rasp Bismark W/Sprinkle
Mel O Cr me West**

Recipe Owing Business Unit: 50000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (113g)		
Servings Per Container	About 400		
Amount Per Serving			
Calories	380	Calories from Fat	130
% Daily Value *			
Total Fat	15g		23%
Saturated Fat	6g		32%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	310mg		13%
Total Carbohydrate	57g		19%
Dietary Fiber	1g		6%
Sugars	29g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	11%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, High Fructose Corn Syrup, Whey, Corn Syrup, Defatted Soy Flour, Food Starch Modified, Red Raspberries, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Citric Acid, Sodium Benzoate, And Potassium Sorbate (As Preservatives), Datem, Egg Yolk With Sodium Silicoaluminate, Sodium Citrate, Malic Acid, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Guar Gum, Locust Bean Gum, Propylene Glycol, Annatto And Turmeric Extract Color, Fd&C Red 40 And Blue 1, Sodium Sulfate. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin. Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27593 - SC 8523 Donut Recipe 235 Choc Iced Rasp Bismark W/Nuts Mel
O Cr me West**

Recipe Owing Business Unit: 50000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (113g)		
Servings Per Container	About 400		
Amount Per Serving			
Calories	380	Calories from Fat	130
% Daily Value *			
Total Fat	15g		23%
Saturated Fat	6g		32%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	310mg		13%
Total Carbohydrate	57g		19%
Dietary Fiber	1g		6%
Sugars	29g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	11%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, High Fructose Corn Syrup, Whey, Corn Syrup, Defatted Soy Flour, Food Starch Modified, Red Raspberries, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Citric Acid, Sodium Benzoate, And Potassium Sorbate (As Preservatives), Datem, Egg Yolk With Sodium Silicoaluminate, Sodium Citrate, Malic Acid, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Guar Gum, Locust Bean Gum, Propylene Glycol, Annatto And Turmeric Extract Color, Fd&C Red 40 And Blue 1, Sodium Sulfate. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin. Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: Contains Bioengineered Ingredient