

Recipe: 29088 - GR 8523 Donut Recipe 070 Plain Cake Mel O Cr me
Recipe Owing Business Unit: 100000 - East - Grand Rapids
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (71g)		
Servings Per Container	24		
Amount Per Serving			
Calories	300	Calories from Fat	150
% Daily Value *			
Total Fat	17g		26%
Saturated Fat	8g		40%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	420mg		17%
Total Carbohydrate	33g		11%
Dietary Fiber	<1g		4%
Sugars	12g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Plain Cake Donut (Enriched Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, And Cottonseed], Sugar, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: None

Recipe: 29095 - GR 8523 Donut Recipe 071 Cinnamon Sugar Cake Mel O Creme
Recipe Owing Business Unit: 100000 - East - Grand Rapids
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 24		
Amount Per Serving			
Calories	310	Calories from Fat	150
% Daily Value *			
Total Fat	17g		26%
Saturated Fat	8g		40%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	420mg		17%
Total Carbohydrate	36g		12%
Dietary Fiber	<1g		4%
Sugars	19g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Plain Cake Donut (Enriched Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, And Cottonseed], Sugar, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added), Sugar, Cinnamon

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: None

**Recipe: 29127 - GR 8523 Donut Recipe 073 Powder Sugar Cake Donut Mel O
Cream**

Recipe Owing Business Unit: 100000 - East - Grand Rapids

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 24		
Amount Per Serving			
Calories	360	Calories from Fat	160
% Daily Value *			
Total Fat	18g		27%
Saturated Fat	8g		42%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	420mg		17%
Total Carbohydrate	45g		15%
Dietary Fiber	<1g		4%
Sugars	23g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Cake Donut (Enriched Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, And Cottonseed], Sugar, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added), Donut Sugar (Dextrose, Cornstarch, Palm Oil, Titanium Dioxide [Color], Hydrogenated Cottonseed Oil, Artificial Flavor)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

Recipe: 29116 - GR 8523 Donut Recipe 072 Glazed Cake Mel O Creme
Recipe Owing Business Unit: 100000 - East - Grand Rapids
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 24		
Amount Per Serving			
Calories	350	Calories from Fat	150
% Daily Value *			
Total Fat	17g		26%
Saturated Fat	8g		40%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	420mg		18%
Total Carbohydrate	44g		15%
Dietary Fiber	1g		4%
Sugars	22g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Cake Donut (Enriched Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, And Cottonseed], Sugar, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added), Glaze (Sugar, Water, Maltodextrin, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Carob Bean Gum, Citric Acid, Corn Syrup, Cornstarch, Mono- And Diglycerides, Preservative [Potassium Sorbate], Soybean Oil)
 Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 26953 - OM 8523 Donut Recipe 086 Glazed Chocolate Cake Mel O Cr me
West**

Recipe Owing Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	350	Calories from Fat	150
% Daily Value *			
Total Fat	17g		26%
Saturated Fat	8g		40%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	370mg		15%
Total Carbohydrate	45g		15%
Dietary Fiber	2g		8%
Sugars	24g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	13%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Cocoa (Processed With Alkali), Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Corn Starch, Defatted Soy Flour, Egg Yolk, Salt, Soy Lecitin, Dextrose, Pregelatinized Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Color Added, Fd&C Yellow 5, Fd&C Yellow 6, Carmel Color, Silicon Dioxide, Alpha Tocopherol (Vitamin E), ., Ingredients: Sugar, Water, Maltodextrin, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Carob Bean Gum, Citric Acid, Corn Syrup, Cornstarch, Mono- And Diglycerides, Preservative (Potassium Sorbate), Soybean Oil.

Allergens: WHEAT, MILK, SOY, EGGS, CORN (CORN)

Bioengineered: None

Recipe: 29420 - GR 8523 Donut Recipe 556 Nutty Donuts Mel O Cream
Recipe Owing Business Unit: 100000 - East - Grand Rapids
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (79g)		
Servings Per Container	About 91		
Amount Per Serving			
Calories	380	Calories from Fat	200
% Daily Value *			
Total Fat	22g		34%
Saturated Fat	5g		24%
Trans Fat	0g		
Cholesterol	3mg		1%
Sodium	115mg		5%
Total Carbohydrate	36g		12%
Dietary Fiber	3g		13%
Sugars	23g		
Protein	10g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	6%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Peanuts, Glaze (Sugar, Water, Maltodextrin, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Carob Bean Gum, Citric Acid, Corn Syrup, Cornstarch, Mono- And Diglycerides, Preservative [Potassium Sorbate], Soybean Oil), Plain Cake Donut (Enriched Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, And Cottonseed], Sugar, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added)

Allergens: WHEAT, MILK, SOY, EGGS, PEANUTS

Bioengineered: Contains Bioengineered Ingredient

Recipe: 29098 - GR 8523 Donut Recipe 074 Chocolate Cake Mel O Creme
Recipe Owing Business Unit: 100000 - East - Grand Rapids
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 24		
Amount Per Serving			
Calories	360	Calories from Fat	160
% Daily Value *			
Total Fat	18g		28%
Saturated Fat	8g		42%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	430mg		18%
Total Carbohydrate	44g		15%
Dietary Fiber	1g		5%
Sugars	22g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	10%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Cake Donut (Enriched Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, And Cottonseed], Sugar, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added), Chocolate Fondant Icing (Sugar, Corn Syrup, Water, Soybean Oil, Cocoa Processed With Alkali, Palm Oil, Contains 2% Or Less Of: Natural And Artificial Flavor, Palm Kernel Oil, Preservative [Sorbic Acid], Salt, Soy Lecithin, Unsweetened Chocolate)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 26980 - OM 8523 Donut Recipe 088 Chocolate Iced Choc Cake
W/Sprinkle Mel O Creme West**

Recipe Owing Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	360	Calories from Fat	160
% Daily Value *			
Total Fat	18g		28%
Saturated Fat	8g		42%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	380mg		16%
Total Carbohydrate	45g		15%
Dietary Fiber	2g		9%
Sugars	24g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	14%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Cocoa (Processed With Alkali), Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Corn Starch, Defatted Soy Flour, Egg Yolk, Salt, Soy Lecithin, Dextrose, Pregelatinized Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Color Added, Fd&C Yellow 5, Fd&C Yellow 6, Carmel Color, Silicon Dioxide, Alpha Tocopherol (Vitamin E). , Ingredients: Sugar, Corn Syrup, Water, Soybean Oil, Cocoa Processed With Alkali, Palm Oil, Contains 2% Or Less Of: Natural And Artificial Flavor, Palm Kernel Oil, Preservative (Sorbic Acid), Salt, Soy Lecithin, Unsweetened Chocolate.

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: None

**Recipe: 26981 - OM 8523 Donut Recipe 089 Chocolate Iced Choc Cake W/Nuts
Mel O Cr me West**

Recipe Owing Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 524		
Amount Per Serving			
Calories	360	Calories from Fat	160
% Daily Value *			
Total Fat	18g		28%
Saturated Fat	8g		42%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	380mg		16%
Total Carbohydrate	45g		15%
Dietary Fiber	2g		9%
Sugars	24g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	14%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Cocoa (Processed With Alkali), Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Corn Starch, Defatted Soy Flour, Egg Yolk, Salt, Soy Lecithin, Dextrose, Pregelatinized Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Color Added, Fd&C Yellow 5, Fd&C Yellow 6, Carmel Color, Silicon Dioxide, Alpha Tocopherol (Vitamin E). , Ingredients: Sugar, Corn Syrup, Water, Soybean Oil, Cocoa Processed With Alkali, Palm Oil, Contains 2% Or Less Of: Natural And Artificial Flavor, Palm Kernel Oil, Preservative (Sorbic Acid), Salt, Soy Lecithin, Unsweetened Chocolate.

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: None

**Recipe: 29452 - GR 8523 Donut Recipe 090 White Iced Chocolate Cake Mel O
Creme**

Recipe Owing Business Unit: 100000 - East - Grand Rapids

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 24		
Amount Per Serving			
Calories	360	Calories from Fat	160
% Daily Value *			
Total Fat	18g		27%
Saturated Fat	8g		42%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	370mg		15%
Total Carbohydrate	46g		15%
Dietary Fiber	2g		8%
Sugars	26g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	13%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Cake Donut (Enriched Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, And Cottonseed], Sugar, Cocoa [Processed With Alkali], Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Corn Starch, Defatted Soy Flour, Egg Yolk , Salt, Soy Lecithin, Dextrose, Pregelatinized Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, BHT, Citric Acid [Preservative], Artificial Flavor, Color Added, Fd&C Yellow 5, Fd&C Yellow 6, Caramel Color, Silicon Dioxide, Alpha Tocopherol [Vitamin E]), Vanilla Icing (Sugar, Corn Syrup, Water, Palm Oil, Contains 2% Or Less Of: Artificial Flavor, Palm Kernel Oil, Preservatives [Potassium Sorbate, Sorbic Acid], Titanium Dioxide [Color])
Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 26931 - SC 8523 Donut Recipe 078 White Iced Choc Cake W/Sprinkles
Mel O Cr me West**

Recipe Owing Business Unit: 50000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	380	Calories from Fat	170
% Daily Value *			
Total Fat	18g		28%
Saturated Fat	9g		46%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	420mg		18%
Total Carbohydrate	50g		17%
Dietary Fiber	<1g		4%
Sugars	26g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecitin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added. Ingredients: Sugar, Water, Corn Syrup. Contains 2% Or Less Of The Following: Agar, Artificial Color, Potassium Sorbate (Preservative), Citric Acid, Natural And Artificial Flavor, Locust Bean Gum, Mono- And Diglycerides. Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)
Allergens: WHEAT, MILK, SOY , EGGS, [Not an Allergen] ([Not an Allergen])

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 26984 - OM 8523 Donut Recipe 092 White Iced Choc Cake W/Nuts Mel O
Cr me West**

Recipe Owing Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	360	Calories from Fat	160
% Daily Value *			
Total Fat	18g		27%
Saturated Fat	8g		42%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	370mg		15%
Total Carbohydrate	46g		15%
Dietary Fiber	2g		8%
Sugars	26g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	13%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Cocoa (Processed With Alkali), Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Corn Starch, Defatted Soy Flour, Egg Yolk , Salt, Soy Lecitin, Dextrose, Pregelatinized Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Color Added, Fd&C Yellow 5, Fd&C Yellow 6, Carmel Color, Silicon Dioxide, Alpha Tocopherol (Vitamin E). , Ingredients: Sugar, Corn Syrup, Water, Palm Oil, Contains 2% Or Less Of: Artificial Flavor, Palm Kernel Oil, Preservatives (Potassium Sorbate, Sorbic Acid), Titanium Dioxide (Color).
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: None

Recipe: 26945 - FG 8523 Donut Recipe 083 Maple Iced Cake Mel O Cr me West
 Recipe Owning Business Unit: 200000 - West - Fargo
 Production Item: 20852300000 - Single Donut Recipe
 Production Item Owning Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts	
Serving Size	1 Donut (85g)
Servings Per Container	About 576
Amount Per Serving	
Calories	340
Calories from Fat	150
% Daily Value *	
Total Fat	17g 26%
Saturated Fat	8g 40%
Trans Fat	0g
Cholesterol	10mg 3%
Sodium	420mg 18%
Total Carbohydrate	43g 14%
Dietary Fiber	1g 4%
Sugars	22g
Protein	4g
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less Than 65g 80g
Sat Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fibre	25g 30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecitin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6. Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: None

**Recipe: 26948 - SC 8523 Donut Recipe 084 Maple Iced Cake w/Sprinkles Mel O
Creme West**

Recipe Owing Business Unit: 50000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	380	Calories from Fat	170
% Daily Value *			
Total Fat	18g		28%
Saturated Fat	9g		46%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	420mg		18%
Total Carbohydrate	49g		16%
Dietary Fiber	1g		4%
Sugars	25g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecitin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6. Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 26950 - FG 8523 Donut Recipe 085 Maple Iced Cake W/Nuts Mel O
Cr me West**

**Recipe Owing Business Unit: 200000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	390	Calories from Fat	180
% Daily Value *			
Total Fat	21g		32%
Saturated Fat	9g		43%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	420mg		18%
Total Carbohydrate	45g		15%
Dietary Fiber	2g		6%
Sugars	22g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	10%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecitin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6. Dry Roasted Peanuts

Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: None

**Recipe: 26936 - FG 8523 Donut Recipe 080 Caramel Iced Cake Mel O Cr me
West**

**Recipe Owing Business Unit: 200000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	360	Calories from Fat	180
% Daily Value *			
Total Fat	20g		31%
Saturated Fat	9g		47%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	440mg		18%
Total Carbohydrate	42g		14%
Dietary Fiber	<1g		4%
Sugars	21g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecitin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added. Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40.
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: None

**Recipe: 26940 - SC 8523 Donut Recipe 081 Caramel Iced Cake W/Sprinkles Mel
O Cr me West**

Recipe Owing Business Unit: 50000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	400	Calories from Fat	190
% Daily Value *			
Total Fat	21g		33%
Saturated Fat	11g		54%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	440mg		18%
Total Carbohydrate	48g		16%
Dietary Fiber	<1g		4%
Sugars	24g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added. Icing (Sugar, Vegetable Shortening [Palm Oil], Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey [Milk], Caramel Color [Sulfites], Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate [Preservative], Citric Acid, Red 40), Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 26942 - FG 8523 Donut Recipe 082 Caramel Iced Cake W/Nuts Mel O
Cr me West**

**Recipe Owing Business Unit: 200000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	410	Calories from Fat	210
% Daily Value *			
Total Fat	23g		36%
Saturated Fat	10g		50%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	440mg		18%
Total Carbohydrate	44g		15%
Dietary Fiber	2g		6%
Sugars	21g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	10%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholestrol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Defatted Soy Flour, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecitin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Color Added. Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40. Dry Roasted Peanuts
Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: None

**Recipe: 26985 - OM 8523 Donut Recipe 093 Caramel Iced Chocolate Cake Mel O
Cr me West**

Recipe Owing Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	370	Calories from Fat	180
% Daily Value *			
Total Fat	20g		31%
Saturated Fat	9g		47%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	390mg		16%
Total Carbohydrate	43g		14%
Dietary Fiber	2g		8%
Sugars	23g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	13%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Cocoa (Processed With Alkali), Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Corn Starch, Defatted Soy Flour, Egg Yolk, Salt, Soy Lecithin, Dextrose, Pregelatinized Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Color Added, Fd&C Yellow 5, Fd&C Yellow 6, Carmel Color, Silicon Dioxide, Alpha Tocopherol (Vitamin E), Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40. Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: None

**Recipe: 26986 - OM 8523 Donut Recipe 094 Caramel Iced Choc Cake
W/Sprinkles Mel O Cr me West**

Recipe Owing Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	370	Calories from Fat	180
% Daily Value *			
Total Fat	20g		31%
Saturated Fat	9g		47%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	390mg		16%
Total Carbohydrate	43g		14%
Dietary Fiber	2g		8%
Sugars	23g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	13%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Cocoa (Processed With Alkali), Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Corn Starch, Defatted Soy Flour, Egg Yolk, Salt, Soy Lecithin, Dextrose, Pregelatinized Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Color Added, Fd&C Yellow 5, Fd&C Yellow 6, Carmel Color, Silicon Dioxide, Alpha Tocopherol (Vitamin E). , Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40. Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: None

**Recipe: 26988 - OM 8523 Donut Recipe 095 Caramel Iced Choc Cake W/Nuts Mel
O Cr me West**

Recipe Owing Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	370	Calories from Fat	180
% Daily Value *			
Total Fat	20g		31%
Saturated Fat	9g		47%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	390mg		16%
Total Carbohydrate	43g		14%
Dietary Fiber	2g		8%
Sugars	23g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	13%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholestrol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Cocoa (Processed With Alkali), Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Corn Starch, Defatted Soy Flour, Egg Yolk, Salt, Soy Lecithin, Dextrose, Pregelatinized Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Color Added, Fd&C Yellow 5, Fd&C Yellow 6, Carmel Color, Silicon Dioxide, Alpha Tocopherol (Vitamin E). , Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40. Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: None

**Recipe: 27676 - FG 8523 Donut Recipe 266 White Iced Blueberry Cake Mel O
Cr me West**

**Recipe Owing Business Unit: 200000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	350	Calories from Fat	150
% Daily Value *			
Total Fat	17g		26%
Saturated Fat	8g		40%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	410mg		17%
Total Carbohydrate	46g		15%
Dietary Fiber	<1g		4%
Sugars	24g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholestrol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Corn Syrup, Corn Cereal, Nonfat Milk, Defatted Soy Flour, Partially Soybean And Cottonseed Oil With Soy Lecithin, Egg Yolk With Sodium Silicoaluminate, Salt, Soy Lecitin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, Bht, Citric Acid (Preservative), Artificial Flavor, Color Added, Fd&C Blue2, Red 40, Blue 1, Ingredients: Sugar, Water, Corn Syrup. Contains 2% Or Less Of Each Of The Following: Agar, Artificial Color, Potassium Sorbate (Preservative), Citric Acid, Natural And Artificial Flavor, Locust Bean Gum, Mono- And Diglycerides.

Allergens: WHEAT, MILK, SOY , EGGS, [Not an Allergen] ([Not an Allergen])

Bioengineered: None