

Recipe: 105301 - GR 5301 PORTUGUESE ROLL
Recipe Owing Business Unit: 100000 - East - Grand Rapids
Production Item: 20530100000 - F & F PORTUGUESE ROLL
Production Item Owing Business Unit: 0 - Corporate

2016 Nutrition Panel

Nutrition Facts	
About 1.0 Servings Per Container	
Serving Size	1 Roll (85g)
Amount Per Serving	
Calories	210
% Daily Value *	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 480mg	21%
Total Carbohydrate 42g	15%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 14mg	0%
Iron 3mg	16%
Potassium 85mg	2%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Canola Oil, Extra Virgin Olive Oil, Yeast, Rye Flour, Enzymes, Ascorbic Acid
 Allergens: WHEAT

Bioengineered: None