

Recipe: 29576 - GR 8523 Donut Recipe 100 Glazed Ring Mel O Creme
Recipe Owing Business Unit: 100000 - East - Grand Rapids
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (71g)		
Servings Per Container	About 24		
Amount Per Serving			
Calories	220	Calories from Fat	90
% Daily Value *			
Total Fat	10g		15%
Saturated Fat	4g		20%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	230mg		10%
Total Carbohydrate	28g		9%
Dietary Fiber	0g		0%
Sugars	8g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Donut Ring (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color), Glaze (Sugar, Water, Maltodextrin, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Carob Bean Gum, Citric Acid, Corn Syrup, Cornstarch, Mono- And Diglycerides, Preservative [Potassium Sorbate], Soybean Oil)
 Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

Recipe: 30351 - GR 8523 Donut Recipe 104 White Iced Ring Mel O Creme
Recipe Owing Business Unit: 100000 - East - Grand Rapids
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (78g)		
Servings Per Container	About 24		
Amount Per Serving			
Calories	240	Calories from Fat	90
% Daily Value *			
Total Fat	10g		16%
Saturated Fat	4.5g		22%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	230mg		10%
Total Carbohydrate	34g		11%
Dietary Fiber	0g		0%
Sugars	14g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Donut Ring (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color), Vanilla Icing (Sugar, Corn Syrup, Water, Palm Oil, Contains 2% Or Less Of: Artificial Flavor, Palm Kernel Oil, Preservatives [Potassium Sorbate, Sorbic Acid], Titanium Dioxide [Color])
 Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 30352 - GR 8523 Donut Recipe 105 White Iced Ring W/Sprinkles Mel O
Creme**

Recipe Owing Business Unit: 100000 - East - Grand Rapids

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 24		
Amount Per Serving			
Calories	280	Calories from Fat	110
% Daily Value *			
Total Fat	12g		18%
Saturated Fat	6g		29%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	230mg		10%
Total Carbohydrate	39g		13%
Dietary Fiber	0g		0%
Sugars	17g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Donut Ring (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color), Vanilla Icing (Sugar, Corn Syrup, Water, Palm Oil, Contains 2% Or Less Of: Artificial Flavor, Palm Kernel Oil, Preservatives [Potassium Sorbate, Sorbic Acid], Titanium Dioxide [Color]), Rainbow Sprinkles (Sugar, Corn Starch, Vegetable Oil [Palm Kernel Oil And/Or Palm Oil], Soy Lecithin, Dextrin, Confectioner's Glaze, Red 40 Lake, Natural And Artificial Flavor, Yellow 6 Lake, Carnauba Wax, Yellow 5 Lake, Blue 1 Lake, Red 3, Red 40)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

Recipe: 30353 - GR 8523 Donut Recipe 106 White Iced Ring W/Nuts Mel O Creme
Recipe Owing Business Unit: 100000 - East - Grand Rapids
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (85g)	
Servings Per Container		About 24	
Amount Per Serving			
Calories	290	Calories from Fat	130
% Daily Value *			
Total Fat	14g		22%
Saturated Fat	5g		25%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	230mg		10%
Total Carbohydrate	36g		12%
Dietary Fiber	<1g		2%
Sugars	15g		
Protein	5g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Donut Ring (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color), Vanilla Icing (Sugar, Corn Syrup, Water, Palm Oil, Contains 2% Or Less Of: Artificial Flavor, Palm Kernel Oil, Preservatives [Potassium Sorbate, Sorbic Acid], Titanium Dioxide [Color]), Dry Roasted Peanuts
 Allergens: WHEAT, MILK, SOY, EGGS, PEANUTS

Bioengineered: Contains Bioengineered Ingredient

Recipe: 27084 - FG 8523 Donut Recipe 110 Maple Iced Ring Mel O Creme West
Recipe Owing Business Unit: 200000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (78g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	280	Calories from Fat	110
% Daily Value *			
Total Fat	12g		18%
Saturated Fat	6g		30%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	280mg		12%
Total Carbohydrate	38g		13%
Dietary Fiber	0g		0%
Sugars	14g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6. Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: None

**Recipe: 27087 - SC 8523 Donut Recipe 111 Maple Iced Ring W/Sprinkles Mel O
Creme West**

Recipe Owing Business Unit: 50000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	310	Calories from Fat	120
% Daily Value *			
Total Fat	13g		21%
Saturated Fat	7g		36%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	280mg		12%
Total Carbohydrate	43g		14%
Dietary Fiber	0g		0%
Sugars	17g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6. Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: Contains Bioengineered Ingredient

Recipe: 27090 - SC 8523 Donut Recipe 112 Maple Iced Ring W/Nuts Mel O Creme West

Recipe Owing Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	320	Calories from Fat	140
% Daily Value *			
Total Fat	15g		24%
Saturated Fat	7g		33%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	280mg		12%
Total Carbohydrate	40g		13%
Dietary Fiber	<1g		2%
Sugars	14g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6. Dry Roasted Peanuts

Allergens: WHEAT, MILK, SOY, EGGS, PEANUTS

Bioengineered: None

**Recipe: 27061 - SC 8523 Donut Recipe 107 Caramel Iced Ring Mel O Creme
West**

Recipe Owing Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (78g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	300	Calories from Fat	130
% Daily Value *			
Total Fat	15g		23%
Saturated Fat	7g		37%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	300mg		12%
Total Carbohydrate	37g		12%
Dietary Fiber	0g		0%
Sugars	13g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Icing (Sugar, Vegetable Shortening [Palm Oil], Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey [Milk], Caramel Color [Sulfites], Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate [Preservative], Citric Acid, Red 40)
Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27069 - SC 8523 Donut Recipe 108 Caramel Iced Ring W/Sprinkles Mel O
Creme West**

Recipe Owing Business Unit: 50000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	330	Calories from Fat	150
% Daily Value *			
Total Fat	16g		25%
Saturated Fat	9g		44%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	300mg		12%
Total Carbohydrate	43g		14%
Dietary Fiber	0g		0%
Sugars	16g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Icing (Sugar, Vegetable Shortening [Palm Oil], Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey [Milk], Caramel Color [Sulfites], Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate [Preservative], Citric Acid, Red 40), Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27081 - FG 8523 Donut Recipe 109 Caramel Iced Ring W/Nuts Mel O
Creme West**

**Recipe Owing Business Unit: 20000 - West - Fargo
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 576		
Amount Per Serving			
Calories	340	Calories from Fat	170
% Daily Value *			
Total Fat	18g		28%
Saturated Fat	8g		40%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	300mg		12%
Total Carbohydrate	39g		13%
Dietary Fiber	<1g		2%
Sugars	13g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40. Dry Roasted Peanuts
Allergens: WHEAT, MILK, SOY, EGGS, PEANUTS

Bioengineered: None

Recipe: 30348 - GR 8523 Donut Recipe 101 Chocolate Iced Ring Mel O Creme
Recipe Owing Business Unit: 100000 - East - Grand Rapids
Production Item: 20852300000 - Single Donut Recipe
Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (78g)		
Servings Per Container	About 24		
Amount Per Serving			
Calories	250	Calories from Fat	100
% Daily Value *			
Total Fat	11g		17%
Saturated Fat	4.5g		23%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	240mg		10%
Total Carbohydrate	33g		11%
Dietary Fiber	0g		0%
Sugars	13g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholestrol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Donut Ring (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color), Chocolate Fondant Icing (Sugar, Corn Syrup, Water, Soybean Oil, Cocoa Processed With Alkali, Palm Oil, Contains 2% Or Less Of: Natural And Artificial Flavor, Palm Kernel Oil, Preservative [Sorbic Acid], Salt, Soy Lecithin, Unsweetened Chocolate)
 Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 30349 - GR 8523 Donut Recipe 102 Chocolate Iced Ring W/Sprinkles Mel
O Creme**

Recipe Owing Business Unit: 100000 - East - Grand Rapids

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 24		
Amount Per Serving			
Calories	280	Calories from Fat	110
% Daily Value *			
Total Fat	13g		19%
Saturated Fat	6g		29%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	240mg		10%
Total Carbohydrate	39g		13%
Dietary Fiber	0g		0%
Sugars	16g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Donut Ring (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color), Chocolate Fondant Icing (Sugar, Corn Syrup, Water, Soybean Oil, Cocoa Processed With Alkali, Palm Oil, Contains 2% Or Less Of: Natural And Artificial Flavor, Palm Kernel Oil, Preservative [Sorbic Acid], Salt, Soy Lecithin, Unsweetened Chocolate), Rainbow Sprinkles (Sugar, Corn Starch, Vegetable Oil [Palm Kernel Oil And/Or Palm Oil], Soy Lecithin, Dextrin, Confectioner's Glaze, Red 40 Lake, Natural And Artificial Flavor, Yellow 6 Lake, Carnauba Wax, Yellow 5 Lake, Blue 1 Lake, Red 3, Red 40)
Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 30350 - GR 8523 Donut Recipe 103 Chocolate Iced Ring W/Nuts Mel O
Creme**

Recipe Owing Business Unit: 100000 - East - Grand Rapids

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 24		
Amount Per Serving			
Calories	290	Calories from Fat	130
% Daily Value *			
Total Fat	15g		23%
Saturated Fat	5g		25%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	240mg		10%
Total Carbohydrate	35g		12%
Dietary Fiber	<1g		3%
Sugars	13g		
Protein	5g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	10%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Donut Ring (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color), Chocolate Fondant Icing (Sugar, Corn Syrup, Water, Soybean Oil, Cocoa Processed With Alkali, Palm Oil, Contains 2% Or Less Of: Natural And Artificial Flavor, Palm Kernel Oil, Preservative [Sorbic Acid], Salt, Soy Lecithin, Unsweetened Chocolate), Dry Roasted Peanuts
Allergens: WHEAT, MILK, SOY, EGGS, PEANUTS

Bioengineered: Contains Bioengineered Ingredient