

**Recipe: 29145 - GR 8523 Donut Recipe 096 Plain Sour Cr me Cake Mel O Cr me**  
**Recipe Owing Business Unit: 100000 - East - Grand Rapids**  
**Production Item: 20852300000 - Single Donut Recipe**  
**Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (71g)		
Servings Per Container	24		
Amount Per Serving			
<b>Calories</b>	290	Calories from Fat	130
% Daily Value *			
<b>Total Fat</b>	14g		<b>21%</b>
Saturated Fat	6g		<b>30%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	370mg		<b>15%</b>
<b>Total Carbohydrate</b>	36g		<b>12%</b>
Dietary Fiber	<1g		<b>4%</b>
Sugars	15g		
<b>Protein</b>	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Cake Donut (Enriched Wheat Flour Bleached [Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, And Cottonseed], Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening [Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate], Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With BHT As Preservative, Sodium Diacetate [Preservative], Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 29161 - GR 8523 Donut Recipe 097 Cinnamon Sugar Sour Cr me Cake  
Mel O Cr me**

**Recipe Owing Business Unit: 100000 - East - Grand Rapids**

**Production Item: 20852300000 - Single Donut Recipe**

**Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 24		
Amount Per Serving			
<b>Calories</b>	300	Calories from Fat	130
% Daily Value *			
<b>Total Fat</b>	14g		<b>21%</b>
Saturated Fat	6g		<b>30%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	370mg		<b>15%</b>
<b>Total Carbohydrate</b>	39g		<b>13%</b>
Dietary Fiber	<1g		<b>4%</b>
Sugars	22g		
<b>Protein</b>	4g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	4%	<b>Iron</b>	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Cake Donut (Enriched Wheat Flour Bleached [Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, And Cottonseed], Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening [Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate], Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With BHT As Preservative, Sodium Diacetate [Preservative], Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide), Sugar, Cinnamon

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 29154 - GR 8523 Donut Recipe 098 Glazed Sour Creme Cake Mel O  
Creme West**

**Recipe Owing Business Unit: 100000 - East - Grand Rapids**

**Production Item: 20852300000 - Single Donut Recipe**

**Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 24		
Amount Per Serving			
<b>Calories</b>	330	Calories from Fat	130
% Daily Value *			
<b>Total Fat</b>	14g		<b>22%</b>
Saturated Fat	6g		<b>30%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	370mg		<b>15%</b>
<b>Total Carbohydrate</b>	47g		<b>16%</b>
Dietary Fiber	1g		<b>4%</b>
Sugars	25g		
<b>Protein</b>	4g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	6%	<b>Iron</b>	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Cake Donut (Enriched Wheat Flour Bleached [Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, And Cottonseed], Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening [Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate], Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With BHT As Preservative, Sodium Diacetate [Preservative], Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide), Glaze (Sugar, Water, Maltodextrin, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Carob Bean Gum, Citric Acid, Corn Syrup, Cornstarch, Mono- And Diglycerides, Preservative [Potassium Sorbate], Soybean Oil)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27957 - FG 8523 Donut Recipe 317 Glazed Sour Cream with White Drizzle MOC Dohjo**

**Recipe Owing Business Unit: 200000 - West - Fargo**  
**Production Item: 20852300000 - Single Donut Recipe**  
**Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
<b>Calories</b>	350	Calories from Fat	130
% Daily Value *			
<b>Total Fat</b>	14g		<b>21%</b>
Saturated Fat	6g		<b>30%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	370mg		<b>15%</b>
<b>Total Carbohydrate</b>	53g		<b>18%</b>
Dietary Fiber	<1g		<b>4%</b>
Sugars	31g		
<b>Protein</b>	4g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	6%	<b>Iron</b>	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With Bht As Preservative, Sodium Diacetate (Preservative), Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide. Ingredients: Sugar, Water, Maltodextrin. Contains 2% Or Less Of Each Of The Following: Agar, Cellulose Gum, Potassium Sorbate (Preservative), Citric Acid, Mono- And Diglycerides. , Ingredients: Sugar, Water, Corn Syrup. Contains 2% Or Less Of Each Of The Following: Agar, Artificial Color, Potassium Sorbate (Preservative), Citric Acid, Natural And Artificial Flavor, Locust Bean Gum, Mono- And Diglycerides.

Allergens: WHEAT, MILK, SOY , EGGS, [Not an Allergen] ([Not an Allergen])

Bioengineered: None

**Recipe: 27954 - FG 8523 Donut Recipe 316 Glazed Sour Cream with Chocolate Drizzle MOC Dohjo**

**Recipe Owing Business Unit: 200000 - West - Fargo**  
**Production Item: 20852300000 - Single Donut Recipe**  
**Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
<b>Calories</b>	360	Calories from Fat	130
% Daily Value *			
<b>Total Fat</b>	15g		<b>23%</b>
Saturated Fat	6g		<b>31%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	380mg		<b>16%</b>
<b>Total Carbohydrate</b>	52g		<b>17%</b>
Dietary Fiber	1g		<b>5%</b>
Sugars	29g		
<b>Protein</b>	4g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	6%	<b>Iron</b>	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With Bht As Preservative, Sodium Diacetate (Preservative), Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide. Ingredients: Sugar, Water, Maltodextrin. Contains 2% Or Less Of Each Of The Following: Agar, Cellulose Gum, Potassium Sorbate (Preservative), Citric Acid, Mono- And Diglycerides. , Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin.

Allergens: WHEAT, MILK, SOY , EGGS, [Not an Allergen] ([Not an Allergen])

Bioengineered: None

**Recipe: 27618 - FG 8523 Donut Recipe 245 White Iced Sour Cr me Cake Mel O  
Cr me West**

**Recipe Owing Business Unit: 20000 - West - Fargo  
Production Item: 20852300000 - Single Donut Recipe  
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 576		
Amount Per Serving			
<b>Calories</b>	330	Calories from Fat	130
% Daily Value *			
<b>Total Fat</b>	14g		<b>21%</b>
Saturated Fat	6g		<b>30%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	370mg		<b>15%</b>
<b>Total Carbohydrate</b>	48g		<b>16%</b>
Dietary Fiber	<1g		<b>4%</b>
Sugars	26g		
<b>Protein</b>	4g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	6%	<b>Iron</b>	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholestrol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients:&nbsp; Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottoneseed), Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With Bht As Preservative, Sodium Diacetate (Preservative), Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide. Ingredients: Sugar, Water, Corn Syrup. Contains 2% Or Less Of Each Of The Following: Agar, Artificial Color, Potassium Sorbate (Preservative), Citric Acid, Natural And Artificial Flavor, Locust Bean Gum, Mono- And Diglycerides.  
Allergens: WHEAT, MILK, SOY , EGGS, [Not an Allergen] ([Not an Allergen])

Bioengineered: None

**Recipe: 27625 - SC 8523 Donut Recipe 246 White Iced Sour Cr me Cake  
w/Sprinkle Mel O Cr me West**

**Recipe Owing Business Unit: 50000 - West - St. Cloud**

**Production Item: 20852300000 - Single Donut Recipe**

**Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
<b>Calories</b>	370	Calories from Fat	140
% Daily Value *			
<b>Total Fat</b>	15g		<b>24%</b>
Saturated Fat	7g		<b>36%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	370mg		<b>15%</b>
<b>Total Carbohydrate</b>	53g		<b>18%</b>
Dietary Fiber	<1g		<b>4%</b>
Sugars	29g		
<b>Protein</b>	4g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	6%	<b>Iron</b>	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With Bht As Preservative, Sodium Diacetate (Preservative), Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide. Ingredients: Sugar, Water, Corn Syrup. Contains 2% Or Less Of Each Of The Following: Agar, Artificial Color, Potassium Sorbate (Preservative), Citric Acid, Natural And Artificial Flavor, Locust Bean Gum, Mono- And Diglycerides. Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)

Allergens: WHEAT, MILK, SOY , EGGS, [Not an Allergen] ([Not an Allergen])

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27627 - FG 8523 Donut Recipe 247 White Iced Sour Cr me Cake W/Nuts  
Mel O Cr me West**

**Recipe Owning Business Unit: 200000 - West - Fargo  
Production Item: 20852300000 - Single Donut Recipe  
Production Item Owning Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
<b>Calories</b>	380	Calories from Fat	160
% Daily Value *			
<b>Total Fat</b>	17g		<b>27%</b>
Saturated Fat	7g		<b>33%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	370mg		<b>15%</b>
<b>Total Carbohydrate</b>	49g		<b>16%</b>
Dietary Fiber	2g		<b>6%</b>
Sugars	27g		
<b>Protein</b>	6g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	6%	<b>Iron</b>	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients:&nbsp; Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottoneseed), Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With Bht As Preservative, Sodium Diacetate (Preservative), Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide. Ingredients: Sugar, Water, Corn Syrup. Contains 2% Or Less Of Each Of The Following: Agar, Artificial Color, Potassium Sorbate (Preservative), Citric Acid, Natural And Artificial Flavor, Locust Bean Gum, Mono- And Diglycerides. Dry Roasted Peanuts  
Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS, [Not an Allergen] ([Not an Allergen])

Bioengineered: None

**Recipe: 27631 - FG 8523 Donut Recipe 248 Maple Iced Sour Cr me Cake Mel O  
Cr me West**

**Recipe Owing Business Unit: 20000 - West - Fargo  
Production Item: 20852300000 - Single Donut Recipe  
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 576		
Amount Per Serving			
<b>Calories</b>	330	Calories from Fat	130
% Daily Value *			
<b>Total Fat</b>	14g		<b>22%</b>
Saturated Fat	6g		<b>30%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	370mg		<b>16%</b>
<b>Total Carbohydrate</b>	46g		<b>15%</b>
Dietary Fiber	1g		<b>4%</b>
Sugars	25g		
<b>Protein</b>	4g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	6%	<b>Iron</b>	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholestrol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients:&nbsp; Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottoneseed), Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With Bht As Preservative, Sodium Diacetate (Preservative), Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6.  
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: None

**Recipe: 27634 - SC 8523 Donut Recipe 249 Maple Iced Sour Cr me Cake  
W/Sprinkle Mel O Cr me West**

**Recipe Owing Business Unit: 50000 - West - St. Cloud**

**Production Item: 20852300000 - Single Donut Recipe**

**Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
<b>Calories</b>	360	Calories from Fat	140
% Daily Value *			
<b>Total Fat</b>	15g		<b>24%</b>
Saturated Fat	7g		<b>36%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	370mg		<b>16%</b>
<b>Total Carbohydrate</b>	52g		<b>17%</b>
Dietary Fiber	1g		<b>4%</b>
Sugars	28g		
<b>Protein</b>	4g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	6%	<b>Iron</b>	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With Bht As Preservative, Sodium Diacetate (Preservative), Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar- Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6. Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)

Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27636 - FG 8523 Donut Recipe 250 Maple Iced Sour Cr me Cake W/Nuts  
Mel O Cr me West**

**Recipe Owing Business Unit: 200000 - West - Fargo  
Production Item: 20852300000 - Single Donut Recipe  
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
<b>Calories</b>	370	Calories from Fat	160
% Daily Value *			
<b>Total Fat</b>	18g		<b>27%</b>
Saturated Fat	7g		<b>33%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	370mg		<b>16%</b>
<b>Total Carbohydrate</b>	48g		<b>16%</b>
Dietary Fiber	2g		<b>6%</b>
Sugars	25g		
<b>Protein</b>	6g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	6%	<b>Iron</b>	8%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholestrol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients:&nbsp; Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottoneseed), Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With Bht As Preservative, Sodium Diacetate (Preservative), Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6. Dry Roasted Peanuts  
Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: None

**Recipe: 27607 - FG 8523 Donut Recipe 242 Chocolate Iced Sour Cr me Cake Mel  
O Cr me West**

**Recipe Owing Business Unit: 20000 - West - Fargo  
Production Item: 20852300000 - Single Donut Recipe  
Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (85g)		
Servings Per Container	About 576		
Amount Per Serving			
<b>Calories</b>	340	Calories from Fat	140
% Daily Value *			
<b>Total Fat</b>	16g		<b>24%</b>
Saturated Fat	6g		<b>32%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	380mg		<b>16%</b>
<b>Total Carbohydrate</b>	46g		<b>15%</b>
Dietary Fiber	1g		<b>5%</b>
Sugars	24g		
<b>Protein</b>	4g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	6%	<b>Iron</b>	10%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients:&nbsp; Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With Bht As Preservative, Sodium Diacetate (Preservative), Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin.  
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: None

**Recipe: 27610 - SC 8523 Donut Recipe 243 Choc Iced Sour Cr me Cake  
W/Sprinkle Mel O Cr me West**

**Recipe Owing Business Unit: 50000 - West - St. Cloud**

**Production Item: 20852300000 - Single Donut Recipe**

**Production Item Owing Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
<b>Calories</b>	380	Calories from Fat	150
% Daily Value *			
<b>Total Fat</b>	17g		<b>26%</b>
Saturated Fat	8g		<b>38%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	380mg		<b>16%</b>
<b>Total Carbohydrate</b>	51g		<b>17%</b>
Dietary Fiber	1g		<b>5%</b>
Sugars	27g		
<b>Protein</b>	4g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	6%	<b>Iron</b>	10%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With Bht As Preservative, Sodium Diacetate (Preservative), Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin. Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)

Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27612 - FG 8523 Donut Recipe 244 Choc Iced Sour Cr me Cake W/Nuts  
Mel O Cr me West**

**Recipe Owning Business Unit: 200000 - West - Fargo  
Production Item: 20852300000 - Single Donut Recipe  
Production Item Owning Business Unit: 0 - Corporate**

1990 Nutrition Panel

Nutrition Facts			
Serving Size	1 Donut (92g)		
Servings Per Container	About 576		
Amount Per Serving			
<b>Calories</b>	390	Calories from Fat	170
% Daily Value *			
<b>Total Fat</b>	19g		<b>29%</b>
Saturated Fat	7g		<b>35%</b>
Trans Fat	0g		
<b>Cholesterol</b>	30mg		<b>10%</b>
<b>Sodium</b>	380mg		<b>16%</b>
<b>Total Carbohydrate</b>	48g		<b>16%</b>
Dietary Fiber	2g		<b>8%</b>
Sugars	24g		
<b>Protein</b>	6g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	6%	<b>Iron</b>	10%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Wheat Flour Bleached (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Palm, Soybean, And Cottonseed), Sugar, Dextrose, Soybean Oil, Maltodextrin, Dry Egg Yolk, Natural Sour Cream Flavor, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Nonfat Milk Solids, Salt, Dry Whole Eggs, Soy Lecithin, Cellulose Gum, Mono & Diglycerides With Bht As Preservative, Sodium Diacetate (Preservative), Artificial Flavor, Corn Starch, Citric Acid, Silicon Dioxide. Ingredients: Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed With Alkali), Cocoa. Contains 2% Or Less Of Each Of The Following: Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono- And Diglycerides, Salt, Potassium Sorbate (Preservative), Citric Acid, Soy Lecithin. Dry Roasted Peanuts  
Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: None